

THE 填報 的問題	架構	項目	說明	回覆資料彙整
3.3.1 - Does your university as a body have current collaborations with local, national or global health institutions to improve health & wellbeing outcomes?	SDG3 良好健康與社會福祉	與衛生健康機構的合作	目前與當地、國家或全球(三個級別)衛生機構合作，以改善健康和福祉成果	● 質化資料 ● local collaborations, national collaborations The Institute of Hakka Language and Communication cooperated with local medical sector, like Miaoli Hospital of the Ministry of health and welfare, to implement the medical Hakka language course for the nursing staff, including outpatient useful expressions, inpatient useful expressions and treatment useful expressions, hoping that doctors and patients can communicate correctly and the convenience and satisfaction of patients could be improved. The university Health Section signed MoU with 12 local medical institute so as to provide preferential treatment for registration fees and hospitalization expenses. Speeches, like "University Physical health course - health education lecture" by medical doctor was also delivered to strengthen health knowledge for the students. The tobacco and alcohol prevention and control publicity on campus was carried out in order to lower damage to health. ● 相關法規及佐證資料 https://ihlc.nuu.edu.tw/p/406-1064-18714,r521.php?Lang=zh-tw

3.2.2 - Number of graduates in health professions	SDG3 良好健康與社會福祉	衛生專業畢業生人數	108 學年度畢業衛生專業相關 衛生專業：普通醫學、助產、放射學、護理、藥學、物理治療、光學、公共衛生、心理健康(包括心理學)。	● 量化資料： 單位：人 <table><tr><th>項目</th><th>108 學年度</th></tr><tr><td>衛生專業畢業生人數</td><td>學士：69 人、碩士：14 人 共計：83 人 (理工學院提供)</td></tr></table>	項目	108 學年度	衛生專業畢業生人數	學士：69 人、碩士：14 人 共計：83 人 (理工學院提供)
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3.3.2 - Does your university as a body deliver outreach programmes and projects in the local community (which can include student volunteering programmes) to	SDG3 良好健康與社會福祉	衛健外展服務	在當地社區開展外展服務方案和項目(可包括學生志願服務)，以改善或促進健康和福祉，包括衛生、營養、計畫生育、體育、鍛鍊、健康的老齡化等健康和福祉相關的主題。	ad hoc, as part of an ongoing programme ● 質化資料 The strategy of "Long-term care station in the lanes" consists of 40 college students and 9 officers and volunteers of Chushui village community development association, serving 38 elders in the activity center of Chushui village station C. The university with Red Cross Society of Miaoli County goes to all communities and primary and secondary schools to promote first aid education and training. Social service team organized by students in Department of Culture Creativity and Digital Marketing focused on "space and community construction" and "social design" to document and point out the special care to the single elder. ● 相關法規及佐證資料 https://drive.google.com/file/d/1LMv3jQtVBGGDo_79ypkaKktrVd				

improve or promote health & wellbeing including hygiene, nutrition, family planning, sports, exercise, aging well, and other health and wellbeing related topics?				xxq_RE/view?usp=sharing
3.3.4 - Does your university as a body provide students access to sexual and	SDG3 良好健康與社會福祉	免費的學生性健康服務	為學生提供性健康和生殖健康服務，包括訊息和教育服務	● 質化資料 free The university 1830 freshmen were screened annually for AIDS for free, accounting for 96.7% of the total freshmen. This was a work with with the disease management department of the Health Bureau of Miaoli County. The student guidance sector in University also invited Liao, Yun-Han, chief physician of Obstetrics and Gynecology of the Chung Shan Medical University, to give a speech on "AIDS

reproductive health-care services including information and education services?				prevention and treatment", with a total of 1600 participants. Designed activities and speeches, like "Digital self - gender violence" was held with collaborative teaching by professional teachers - Fang, Nien-Hsuan in 2020. ● 相關法規及佐證資料 https://ihlc.nuu.edu.tw/p/406-1064-28800,r521.php?Lang=zh-tw
3.3.5 - Does your university as a body provide students and staff with access to mental health support?	SDG3 良好健康與社會福祉	心理健康支援/幫助	為學生和教職員提供心理健康支持	● 質化資料 ● free 諮商中心：諮商中心透過環境教育提倡心理健康理念，進而培養教職員生對諮商輔導之正確認知，讓學生了解到個人心理健康的重要性及促進個人心理健康，並提供教職員覺察自我情緒提升整體工作與生活品質，給予教職員生個人、課業及工作困擾等相關問題之諮商、諮詢、及轉介系統，進而營造出友善校園及工作環境並促使自我實現。 諮商中心： Counseling center: 一、本校設有專任諮商心理師 5 位，兼任臨床心理師 2 位、諮商心理師 5 位，於兩校區駐診排班。 1. The school has 5 full-time counseling psychologists, 2 concurrent clinical psychologists and 5 counseling psychologists, who are stationed in the two campuses.

				二、109 學年度第 2 學期個別諮商服務人數總計 106 人、人次總共計 588 人次。(108 學年度第 2 學期 571 人次；109 學年度第 1 學期 605 人次)。 2. In the second semester of the 2020 academic year, the number of individual came to the counseling services totaled 106, with a total of 588 person-times. (571 person-times in the second semester of 2019 academic year; 605 person times in the first semester of 2020 academic year). ● 相關法規及佐證資料 諮商中心：https://counseling.nuu.edu.tw/ https://careercuidance.nuu.edu.tw/
3.3.6 - Does your university as a body have a "smoke-free" policy?	SDG3 良好健康與社會福祉	無菸政策	制定了無菸政策	● 量化資料： 衛保組： 一、本校菸害防制政策是「除吸菸區外禁止吸菸」，兩校區設置有三個吸菸區。 二、109 年 3-4 月結合衛福部苗栗醫院資源，安排為期 6 周、每周 1 堂兩小時的戒菸課程，共 158 人次參與，運用「醫病共享決策輔助表」，成效包括： (一)戒菸方式選擇(前測)：靠意志力戒菸(68%)、戒菸諮詢(12%)、戒菸藥物 (2%)、戒菸藥物搭配戒菸諮詢(18%)。 (二)戒菸方式選擇(後測)：靠意志力戒菸(37%)、戒菸諮詢(34%)、戒菸藥物 (15%)、戒菸藥物搭配戒菸諮詢(19%) (三)呼氣一氧化碳濃度測量結果： 1. 前測：綠色 0-6 分(正常)者 91%，琥珀色 7-10(輕度)

				者 7%，紅色 11-20(重度)者 2%。 2. 後測：綠色 0-6 分(正常)者 98%，琥珀色 7-10(輕度)者 2%，紅色 11-20(重度)者 0 ● 質化資料： ● smoking in designated areas Qualitative materials 1. The smoking prevention policy in our school is "No smoking except for smoking areas". There are three smoking areas on the two campuses. 2. The website in Health Service Section, Division of Student Affairs has a "Tobacco Hazard Prevention and Control Network", which provides consultation services for smoking cessation consultation. 衛保組：110 年 6 月 30 日與苗栗縣政府衛生局企劃科、苗栗縣頭屋鄉衛生所共同舉辦「嘿，同學，麥呷菸」金句競賽活動，共收到 174 件作品，評選出六名獲獎者。將得獎金句藉由學校網頁平台、臉書與 line 公告，並製作大圖輸出張貼於違規吸菸區，鼓勵大家發揮校園公民的精神，提供當在校園看到有人在非吸菸區吸菸時，勸阻不要抽菸的金句。開創出校園菸害防制的藍海策略，型塑校園拒菸、人人有責的生活實踐。 Health Section: on June 30, 2021, the golden sentence competition "Hey, fellow, just quit smoking" was jointly held with the planning department of the Health Bureau of Miaoli County Government and the Touwu township health center of Miaoli County. A total of 174
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				works were received and 6 winners were selected. Through the school's website platform, Facebook and Line accounts, the winning golden sentences are publicized, and posted in the no-smoking areas, so as to encourage everyone to give full play to the spirit of campus citizens and can use such witty sentences to dissuade people from smoking when they see someone smoking in the non-smoking a ● 相關法規及佐證資料 衛保組： 一、本校衛生保健組網頁設置有「菸害防治網」，提供戒菸諮詢服務。https://stua05.nuu.edu.tw/p/412-1066-1679.php?Lang=zh-tw 二、https://stua05.nuu.edu.tw/p/412-1066-1684.php
3.3.3 - Does your university as a body share sports facilities with the local community, for instance with local schools or	SDG3 良好健康與社會福祉	共享體育設施	與當地社區(例如學校、公眾)共享體育設施	● 質化資料： ● with free access 體育室：為使校園空間能有效充分發揮使用，在體育教學與社團活動相關時段外，開放社區民眾或校外單位租借使用。 Sports room: in order to give full play to the use of campus space effectively, it is open to community people or off-campus units for rent outside the sports teaching and community activities time period. ● 相關法規及佐證資料： 依「國立聯合大學運動場館使用管理辦法」辦理。 https://pe.nuu.edu.tw/p/412-1010-1523.php?Lang=zh-tw

with the general public?				https://drive.google.com/file/d/1SknjskBnHFzsV9ahFVJkRI6KOkLnBioV/view?usp=sharing
Number of graduates	SDG3 良好 健康與社會 福祉	畢業生數 量	109 學年度的畢業生總數	畢業生總數 1746